

Telenor Expo & The Hub Menus 2026

Meeting room menu

Breakfast buns

Breakfast bun with Provance ham and apple coleslaw (W, M, MU, E, C)	Kr 35,-
Breakfast bun with mozzarella, tomato and sprouts (W, M)	Kr 35,-
Breakfast bun with cheese and bell pepper (W, M)	Kr 35,-
Breakfast bun with Norwegian brown cheese (W, M)	Kr 35,-

Focaccia

Focaccia smoked salmon with scrambled eggs (W, F, E, M)	Kr 82,-
Focaccia with Serrano ham, Brie, honey and pickled onion (M, W)	Kr 82,-
Focaccia with tomato, mozzarella and pesto (M, W CA)	Kr 82,-
Focaccia with turkey pastrami, lettuce and tomato (W, M)	Kr 82,-
Focaccia with Provance ham and cheese (W, M)	Kr 82,-

Wraps

Cæsar chicken wrap, lettuce, parmesan and Cæsar dressing (W, M, E, MU, F)	Kr 109,-
Smoked salmon with avocado, spinach and Sriracha dressing (M, W, F, E)	Kr 109,-
Falafel wrap with hummus and Harissa dressing (M, W, C)	Kr 109,-

Salads and bowls

Salad with salmon and shrimp, dill and Chives dressing (F, M, MU, SF)	Kr 139,-
Caesar Salad with chicken and Parmesan (F, M, E, W)	Kr 139,-
Quinoa salad with Serrano ham, grilled asparagus and goat cheese (M)	Kr 139,-
Salad with melon and feta cheese (M, SU)	Kr 139,-
Farmers marked (vegan)	Kr 139,-

Prices incl. VAT

Deadlines for ordering: less than 50 people, within 2 workdays before delivery,
from 50-100 people: within 3 workdays, more than 100, within 5 workdays

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Lunch sandwiches

Classic shrimp sandwich with dill mayonnaise (W, E, SF, MU)	Kr 138,-
Classic bruschetta with serrano ham (W, SU, MU, SO)	Kr 138,-
Ryebread sandwich, avocado, cottage cheese and sprouts (R, M, W)	Kr 138,-
Ryebread sandwich with tuna salad, capers and red onion (R, W, M, F)	Kr 138,-
Grilled Mediterranean vegetable sandwich (W, M)	Kr 138,-

Lunch platter

Expo lunch plate. Selection of meats, fish, cheese and vegetables (W, E, SO, F, M, SF, P, C, MO, SE, SU)	Kr 235,-
Cheese & Charcuterie Lunch plate. Selection of cheeses and cured meats (M, W, R, SU, E, MU, WA)	Kr 235,-

Healthy

Fresh cut fruits, 5 sorts	Kr 33,-
Greek yoghurt with homemade granola and berry compote (M, W, R, O, AL, HA, P, SU, CA)	Kr 28,-
Coconut chia pudding with tropical fruit	Kr 27,-
Almond chia pudding with berries (AL)	Kr 27,-
Mixed nuts and dried fruits (WA, HA, P, AL)	Kr 27,-
Protein bar, peanut, caramel (M, SO, P)	Kr 35,-

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Sweets

Waffle with sour cream and jam (W, E, M)	Kr 29,-
Cinnamon bun (M, E, W)	Kr 43,-
School bun with vanilla cream (G, M)	Kr 43,-
Croissant with and without chocolate (W, E)	Kr 42,-
Pastry with vanilla cream (G, M, E, N)	Kr 25,-
Muffin of the day (M, S, G, E)	Kr 40,-
Assorted selection of macaroons, per pcs. (AL, M, SO)	Kr 17,-
Coconut roll (lactose and gluten free)	Kr 19,-
Cookie with chocolate bites (M, W, S)	Kr 29,-
Flapjack, 80 g (M, W,O, E)	Kr 38,-
Twist chocolate, (price per bag, 69 pcs)	Kr 210,-

Beverages

Mineral water, soft drink 33 cl.	Kr 39,-
Froosh smoothie in bottle	Kr 48,-
Ringi apple juice, 75 cl.	Kr 119,-
Coffee, tea, ice water	Kr 0,-

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Buffet menus

Lunch buffet

Herb baked salmon (F)

Chicken with parmesan sauce (M)

Seasonal summer potatoes

Beetroot salad with Chevre (M)

Asparagus with parmesan (M)

Serrano Ham

Brie, Honey & Pistaj (M PI)

Backed Honey Carrots

Sourdough Bread (W)

Aioli (MU E)

Price per person Kr 490,-

Dessert of the day
Price per person Kr 67,

Prices incl. VAT

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Lunch buffet inspired of the middle east

Hummus with Sumac and pepper (SE)

Squash with feta cream, and pomegranate (M)

Falafel (C)

Fattuch. Lebanese salad with tomatoes, cucumber, and a tangy lemon–sumac dressing (W)

Babaganoush. Smoky roasted eggplant purée with tahini, lemon and garlic (SE)

Chicken meatballs

Stuffed Mini Peppers (M)

Liba bread (Lebanese Bread) (W)

Scampi with parsley and lemon (SF)

Olives

Price per person Kr 490,-

Dessert of the day

Price per person Kr 67,-

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Finger food buffet

Frøya Salmon with Egg Cream (F E)

Scampi Skewers with Parsley & Garlic (SF)

Cold Marinated Beef

Asparagus with parmesan cream (M)

Tortilla Chips with Smoked Salmon & Chives Majo (M MU E F)

Grilled Chicken Skewers with Lemongrass

Tapenade Toast (M F)

Cheese & Marmalade Board (M SU)

Wraps Bites with Beetroot Hummus and Chevre. (M W)

Aioli (E MU)

Focaccia (W)

Price per person Kr 490,-

Dessert of the day

Price per person Kr 67,-

Prices incl. VAT

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Restaurant Vision Telenor Expo

Menu The Hunter

Seared Sesame-Crusted Tuna, Served with a Fresh Thai Salad and Wasabi Mayonnaise (SE, E, MU, F, SF)

Roasted Organic Hovelsrud Chicken, Served with Seasonal Spring Vegetables and Tarragon Sauce (M)

Fresh Norwegian Strawberries, Served with Vanilla Cream and Almond Croquant (W, E, M, AL)

Price per person Kr 575,-

Menu The Fisher

Classic Toast Skagen with Salmon Roe (M, W, E, F, SF)

Halibut with seasonal potatoes, Cauliflower Puree, Asparagus, and shellfish Sauce (F, M, SF)

Rhubarb Crème brûlée with blackcurrant sorbet (M, E)

Price per person Kr 575,-

Menu The Farmer

Asparagus with Fried Sourdough and Chive Emulsion (M, W, MU, E)

Creamy barley risotto, roasted root vegetables, and green herb pesto (B, C)

Fresh Norwegian Strawberries, Served with Vanilla Cream and Almond Croquant (W, E, M, AL)

Price per person Kr 575,-

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Chef's daily recommendation for lunch or dinner

Fish, meat, poultry, or vegetarian by your request

One course

Kr 285,-

Two courses

Kr 430,-

Three courses

Kr 575,-

Four courses

Kr 725,-

Five courses

Kr 865,-

In restaurant Vison you need to order the same menu for all your guests.

Allergens must be reported in advance.

Only for dinners/events after 16:00: Alcoholic beverages per request

Prices incl. VAT

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Practical information

Ordering deadlines

Less than 50 people, within 2 workdays before delivery
From 50-100 people, within 3 workdays before delivery
More than 100 people, within 5 workdays before delivery

Changes in numbers

Please keep us updated on accurate participant numbers
Buffets have a minimum order of 15 people
Restaurant Vision menu orders must be the same for the whole party

Allergens/dietary requirements

To ensure that everyone receives a safe and suitable meal, we kindly ask that all allergies/dietary requirements are reported in advance. If this is not registered within the deadline, we unfortunately cannot guarantee that we will be able to offer an appropriate alternative

**We are looking forward to welcoming you and your guests
and give you the best experience**

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Allergen list and abbreviations

AL	Almonds
B	Barley
BR	Brazil nuts
C	Celery
CA	Cashews
CS	Spelt
E	Eggs
F	Fish
HA	Hazelnuts
KW	Khorasan wheat
L	Lupin
M	Milk
MA	Macadamia
MO	Molluscs (mussels, oysters, squid, snails)
MU	Mustard
O	Oats
P	Peanuts
PE	Pecan nuts,
PI	Pistachio nuts,
R	Rye
SE	Sesame seeds
SF	Shellfish (crabs, prawns, lobsters)
SO	Soy
SU	Sulphur Dioxide and sulphites
W	Wheat
WA	Walnuts

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