

Telenor Expo & The Hub MENUS 2022

From 30 May 2022

Meeting room menu

Focaccia

Smoked salmon and tzatziki **KR 52,-**

(W, F, M, R)*

Tomato, mozzarella and pesto **KR 52,-**

(W, R, M)*

Cheese, ham and bell pepper **KR 52,-**

(W, R, M)*

Buns

Ecological breakfast bun with ham and coleslaw **KR 29,-**

(W, M, O, MU, E, C)*

Ecological breakfast bun with cheese and bell pepper **KR 29,-**

(W, M, O)*

Ecological breakfast bun with brown cheese **KR 29,-**

(W, M, O)*

Salads and bowls

Salad bowl with Chèvre, beets, crispy vegetables and mustard vinaigrette **KR 110,-**

(M, MU)*

Salad bowl with chicken, parmesan, croutons and **KR 110,-**

cæsar dressing

(W, E, M, F)*

Salad bowl Asian with scampi, mango, noodles and satay dressing **KR 110,-**

(W, E, SO, PE, SF)*

Pokè bowl with marinated salmon, sticky rice, red onion compote, **KR 138,-**

freshly cut fruit and julienne vegetables (W, F, SO, SU, CA)*

Prices incl. VAT. Buffet - minimum 15 persons.

Deadlines for ordering: less than 50 people, within 2 workdays before delivery,
from 50-100 people: 3 workdays, more than 100, 5 workdays

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Lunch platter

Asian lunch platter with assorted mix of fish, meats, vegetables and tasteful garnish

KR 186,-

(W, B, P, R, M, F, SF, E, SE, MU, SO)*

Mediterranean lunch platter with assorted mix of fish, meats, vegetables and tasteful garnish

KR 186,-

(W, M, F, SF, E, C, MU, SO)*

Wraps

Freshly made with chicken, mango and curry mayonnaise

KR 85,-

(W, E, MU, C, SO, SU)*

Freshly made with smoked salmon, tzatziki and crispy salad

KR 85,-

(W, C, M, MU, F)*

Vegetarian with hummus, raw food vegetables and avocado

KR 85,-

(W, SU, SE)*

Healthy

Fresh cut fruits, 5 sorts

KR 26,-

Turkish yoghurt with homemade granola and blueberries

KR 21,-

(M, W, R, O, AL, B, R, HA, P)*

Turkish yoghurt with honey, nuts and fresh fruits

KR 21,-

(M, W, R, O, AL, B, R, HA, P)*

Overnight oats topped with roasted almonds and fresh berries

KR 21,-

(AL, M, O, HA, P)*

Mixed nuts and dried fruits

KR 21,-

(WA, HA, P, AL)*

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Sweets

Waffle with sourcream and jam (W, E, M)*	KR 21,-
Muffin of the day (M, W, E, WA, P, HA)*	KR 31,-
Cinnamon bun (M, E, W)*	KR 33,-
Assorted selection of macaroons, per pcs. (AL, M, SO)*	KR 14,-
Bun with or without raisins (W)*	KR 21,-
Croissant (W, E)*	KR 33,-
Mini pastry, per pcs. (W, E, WA)*	KR 15,-
Coconut roll (lactose-, glutenfree)*	KR 16,-
Twist chocolate, price per pcs/bag	Kr 3,5/127,-

Beverages

Mineral water, soft drink 33 cl.	KR 26,-
Froosh smoothie in bottle	KR 38,-
Coffee, tea, icewater	Incl.

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Buffet menus

Vegetarian buffet

Mexican bean salad

Bulgur salad with pomegranate and pesto (W, M, CA)*

Baked carrots with ginger and pumpkin seeds

Chèvre and beetsalt (M)*

Grilled heart salad

Asparagus with parmesan (M)*

Baked cherry tomatoes

Hummus (SE)*

Bread (W)*

Dessert of the day (M, E, W, Nuts)*

Price per person KR 396,-

Lunch buffet

Satay Chicken skewers (P)*

Chili and garlic fried scampi (SF)*

Asian Hoisin rib (W, SO)*

Gravlax with lemon and horseradish (F)*

Bulgur salad with pomegranate and pesto (W, M, CA)*

Summer veggies with walnut vinaigrette (AU; WA)*

Dessert of the day (M, E, W, Nuts)*

Price per person KR 396,-

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Restaurant Vision Telenor Expo

Menu 1

Grilled asparagus with emulsion and salmon eggs (E, M, F)*

Halibut with summer veggies, vinaigrette and tomato confit (F, M, SU)*

Strawberries with vanilla custard, croquet and coffee espuma (M, E, PE)*

Price per person KR 474,-

Menu 2

Creamed mussel soup (M, MO)*

Entrecote with grilled heart salad, pommes anna and red wine butter (M)*

Rhubarb crumble pie with vanilla ice cream (W, M, E)*

Price per person KR 474,-

Menu 3

Grilled asparagus with emulsion and fresh herbs (E)*

Lasagne Mediterranean (vegetarian) (E, W, M)*

Rhubarb crumble pie with vanilla ice cream (W, M, E)*

Price per person KR 474,-

Chef's daily recommendation

One course

KR 224,-

Two course

KR 339,-

Three course

KR 452,-

Fish, meat, poultry or vegetarian by your request

Beverages in Restaurant Vision

Mineral water, soft drink 33 cl.

KR 26,-

Epleslang, apple juice, 75 cl

KR 86,-

Coffee, tea,

KR 23,-

Dinners/events after 16:00 only: Alcoholic beverages per request

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*Allergen list and abbreviations

M=Milk

Cereals containing gluten

- W=Wheat
- KW=Khorasan wheat
- CS=Spelt
- R=Rye
- B=Barley
- O=Oats

C=Celery

MU=Mustard

SO=Soy

F=Fish

SF=Shellfish (crabs, prawns, lobsters)

MO=Molluscs (mussels, oysters, squid, snails)

E=Eggs

P=Peanuts

Nuts

- AL=Almonds
- HA=Hazelnuts
- CA=Cashews
- PE=Pecan nuts,
- BR=Brazil nuts
- PI=Pistachio nuts,
- MA=Macedemia
- MA=Macedemia
- WA=Walnuts

SE=Sesame seeds

SU=Sulphur Dioxide and sulphites

L=Lupin

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