

# Telenor expo & The Hub meeting room menu

Valid from August 2018



## Baguettes

Smoked salmon, egg custard and cucumber (W, F, E, M)*	NOK 43,-
Cheese and ham (W, M)*	NOK 43,-
Roast beef of veal with pickled red onion (W, M)*	NOK 43,-
Confit of chicken with mustard mayonnaise (W, E, M, MU)*	NOK 43,-
Vegetarian with tomato, mozzarella and pesto (W, M)*	NOK 43,-

## Eco half roll

Gouda cheese (W, M)*	NOK 32,-
Smoked pastrami (W, M)*	NOK 32,-
Norwegian brown cheese – “Brunost” (W, M)*	NOK 32,-

## Salads and pokebowls

Cæsar salad with chicken (Halal by request) (W, M, E, F)*	NOK 150,-
Poke bowl Salma salmon, ponzo sauce, avocado, kimchi, sushi rice (F, W, SO)*	NOK 115,-
Poke bowl beef tataki with avocado, kimchi, sushi rice (W, SO)*	NOK 115,-
Poke bowl vegetarian (W, SO)*	NOK 100,-

Lunch platter, classic (W, M, F, E, SF, MU)*	NOK 155,-
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## Wraps

Chicken (2 pcs) (W, E)*	NOK 97,-
Prawns (2 pcs) (W, E, SF)*	NOK 97,-
Tuna (2 pcs) (W, E, F)*	NOK 97,-
Vegetarian (2 pcs) (W, E)*	NOK 97,-

## Continental breakfast

Coffee, tea, juice, bread, butter, cheese, ham, salami, boiled egg, homemade half roll and marmalade (W, M, E)*	NOK 140,-
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Prices incl. VAT. For events including up to 20 persons the order deadline two workdays before the event date.  
For events with more than 20 persons, the order deadline is three workdays before the your event date.

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## Healthy & good

Standard sliced fruits, 5 sorts	NOK 25,-
Exclusive sliced fruits, 7 sorts	NOK 30,-
Healthy müsli muffin with carrot, raisin and pumpkinseeds (W, R, O, E)*	NOK 30,-
Yoghurt with homemade granola and fresh berries (M, W, R, O)*	NOK 30,-
Mixed nuts with dried fruit (AL, HA, CA, PE, BR)*	NOK 22,-
Fresh smoothie served in glass (25 cl) (M)*	NOK 27,-
Mixed vegetables sticks with crème fraiche dip (M)*	NOK 22,-
Oatmeal porridge, butter, cinnamon and sugar (Min. 20 persons) (W, O, M)*	NOK 30,-
Oatmeal porridge, berries, butter, cinnamon and sugar (Min. 20 persons) (W, O, M)*	NOK 35,-
Flapjack (M, W, R, B, O)*	NOK 30,-

## Sweet & good

Macaroon (E, AL, M, SO, SU, P)*	NOK 22,-
Bun with or without raisin (M, W)*	NOK 22,-
Muffin with chocolate or blueberries (M, W, E)*	NOK 22,-
Waffle (M, W, E)*	NOK 22,-
Homemade cake of the day (M, W, E, AL, HA, P, CA, PE)*	NOK 48,-
Cinnamon bun from Brødbakerne (48 h deadline for orders) (M, W)*	NOK 48,-
Mini pastry of the day (M, W, E)*	NOK 19,-
Coconut roll (gluten free) (M, E)*	NOK 25,-
Punch mocca chocolate ball (M, E, W, O)*	NOK 15,-

## Beverage

Mineral water, soft drink 33 cl.	NOK 27,-
Fresh orange juice 20 cl. (maximum 20 per order)	NOK 25,-
Pressed apple juice from Ringi Farm (75 cl)	NOK 95,-

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## \*Allergen list and abbreviations

**M**=Milk

Cereals containing gluten

- **W**=Wheat
- **KW**=Khorasan wheat
- **CS**=Spelt
- **R**=Rye
- **B**=Barley
- **O**=Oats

**C**=Celery

**MU**=Mustard

**SO**=Soy

**F**=Fish

**SF**=Shellfish (crabs, prawns, lobsters)

**MO**=Molluscs (mussels, oysters, squid, snails)

**E**=Eggs

**P**=Peanuts

Nuts

- **AL**=Almonds
- **HA**=Hazelnuts
- **CA**=Cashews
- **PE**=Pecan nuts,
- **BR**=Brazil nuts
- **PI**=Pistachio nuts,
- **MA**=Macedemia

**SE**=Sesame seeds

**SU**=Sulphur Dioxide and sulphites

**L**=Lupin

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